

## Full Report (All Nutrients) 45017200, SHOPRITE, DRY ROASTED UNSALTED MIXED NUTS, UPC: 041190016198

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**Report Date: June 02, 2017 21:20 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WAKEFERN FOOD CORPORATION

Nutrient	Unit	Data points	Std. Error	1 oz 28g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	180	643
Protein	g	--	--	5.00	17.86
Total lipid (fat)	g	--	--	16.00	57.14
Carbohydrate, by difference	g	--	--	7.00	25.00
Fiber, total dietary	g	--	--	2.0	7.1
Sugars, total	g	--	--	1.00	3.57
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	1.08	3.86
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	1.999	7.140
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

### Amino Acids

### Other

### Ingredients

CASHEWS, PEANUTS, FILBERTS, ALMONDS, PECANS. *Date Last Updated by Company:* 04/24/2015